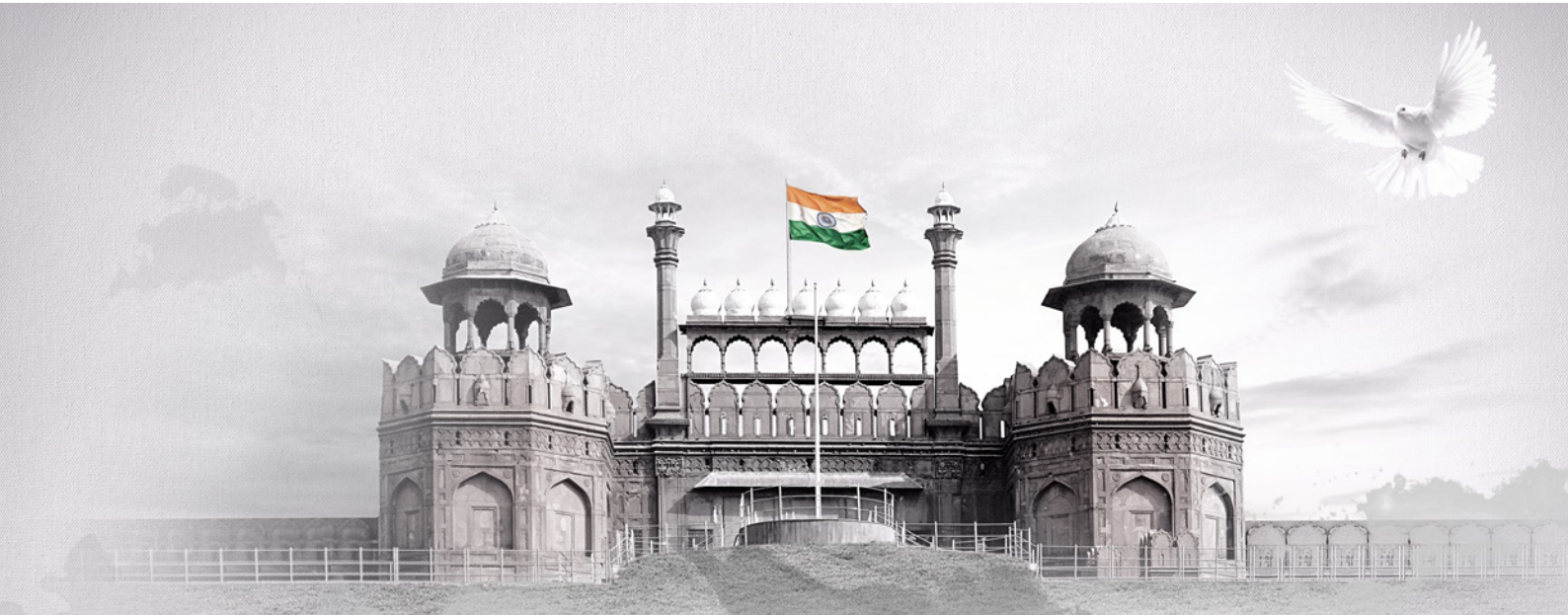


ICRF News Bulletin

ISSUE NO : 29 | 15TH AUGUST 2021



*In a gentle way, you can
shake the world.*

-Mahatma Gandhi

INDIA
75
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The Indian Community Relief Fund (ICRF)
(Under the patronage of H.E. The Ambassador of India to the Kingdom of Bahrain)



The format of this News Bulletin has been designed with the environment in mind. Please refrain from printing.

ICRF - NEW TEAM ANNOUNCED



His Excellency Shri Piyush Srivastava has announced a new team for the Indian Community Relief Fund (ICRF) at a meeting held on 3 August 2021. Dr Babu Ramachandran has been named as the Chairman of the new team of ICRF, for the term 2021-24. Dr Babu shall be taking charge in place of Aruldas Thomas who has completed his term of three years as Chairman of ICRF.

The new executive team includes Adv. V K Thomas as Vice-Chairman, Pankaj Nallur as General Secretary, Mani Lakshmanamoorthy as Treasurer, Ms Nisha Rangarajan and Anish Sreedharan as Joint Secretaries and Rakesh Sharma as Joint Treasurer.

Aruldas Thomas shall continue as Ex-Officio/Advisor with the new team. Bhagwan Asarpota will also continue as Advisor. Other Excom members are Suresh Babu, Murli Nomula, Zulfikar Ali, Pankaj Malik, Javad Pasha and Ms Raman Preet.

The executive team shall be supported by ICRF Full team members - Madhavan Kallath, Sudhir Thirunilath, Subair Kannur, Nasser Manjeri, MuraliKrishnan, John Iype, Salim K T, Mathew Joseph, Nithin Jacob, Florine Mathias, Arun Govind, Clifford Correa, Toji A T, Kasi Viswanath, Sreedhar S, Pavithran Neeleswaram, Musthafa Sirajuddin, Sushma Anil, Chemban Jalal, Alok Gupta, Sunil Kumar, D V Sivakumar, P S Balasubramanyam, Ajaya Krishnan and regional forum members as well as Volunteers which are unchanged.

Ambassador commended the great work done by ICRF under the chairmanship of Mr Arul Das and his team, and wished the new team all success in its endeavours, assuring them of Embassy's constant support in the community welfare activities.

राजदूत
Ambassador



भारत का राजदूतावास, बहरीन
Embassy of India, Bahrain



MESSAGE

I am happy to know that the Indian Community Relief Fund (ICRF) is bringing out its Newsletter on the occasion of the 75th Independence Day of India.

2. At the outset, let me convey my warm greetings and best wishes to all members of Indian community and friends of India in the Kingdom of Bahrain on this historic occasion. This year assumes special significance as India and the Kingdom of Bahrain are also celebrating the Golden Jubilee of establishment of diplomatic relations.

3. I take this opportunity to welcome the new team of ICRF lead by Dr. Babu Ramachandran and look forward to working with them for the welfare of our Indian community. At the same time, I would also like to commend its past President, Shri Aruldas Thomas and his team for the outstanding work done by them for the welfare and for helping and assisting the Indian community, particularly during the most challenging times of Covid-19 pandemic.

4. ICRF has been, now for over a decade, doing excellent work towards welfare of the Indian community in the Kingdom of Bahrain as well as assisting and supporting the distressed and vulnerable members through various means including financial assistance, organizing medical and awareness camps, help in boarding, lodging, medical and other emergency support as well as providing legal and other counseling help.

5. I wish ICRF and its team members all the best in their future endeavours.



(Piyush Srivastava)

About Indian Community Relief Fund (ICRF)

ICRF is a non-government, non-profit organization established in the year 1999, working under the patronage of the Ambassador of India to the Kingdom of Bahrain for the general welfare of the Indian workers in Bahrain. Our mission is to give a helping hand to the economically weaker section of the Indian community in Bahrain. This includes Legal Aid, Emergency Help, Community Welfare Services, Medical assistance, Counseling etc.

ICRF is managed by the Managing Council, nominated by the Ambassador of India from among leaders in the Indian Public Sectors, Indian curriculum schools and business community. The Emergency Help Team offers a 24 hour helpline for reporting any complaints of maltreatment, abuse or assault or assistance for those seeking any legitimate advice. With various regional sub-committees, the Emergency Help Team is well prepared to assist Indian nationals in emergencies like natural calamity, flood, fire etc.

ICRF- Community Welfare Services organizes medical camps as a part of their outreach activity, where Indian workers can avail medical facilities free of cost. So far we have conducted over 130 such medical camps that has benefited more than 40,000 needy persons. ICRF's Community Welfare services include, Salmaniya Mortuary visit, prison visit, Immigration detention centre visit, Immigration Directorate visit etc. During the COVID-19 pandemic ICRF has reached out to the community by providing dry food ration, Air tickets, face masks, antibacterial soaps, awareness flyers etc., which benefited over 50,000 under-privileged Indian workers.

One of the unique features of the ICRF is the Family Relief Fund, which extends financial assistance to the dependents of poor workers who perished in Bahrain. ICRF raises its funds by organizing events like SPECTRA - a yearly Drawing and Painting competition for school children and through generous contributions. So far we have given out more than 5 Crore Indian Rupees to more than 500+ families.

For more information please contact

Dr. Babu Ramachandran (Chairman - ICRF) - +973 39430708

Mr. Pankaj Nallur (General Secretary & Head - Media & Public Relations - ICRF) - +973 39653007

ICRF - Committed to Welfare



MESSAGE FROM THE CHAIRMAN

Seventy five years of Independence. As we look into the past ,all Indians can be proud of the fact that ever since our tryst with destiny , India has never looked back. Scaling great heights, our mother country is now a world leader. We went through trials by fire but came out even stronger. Though the pandemic rocked us , together we are bending the curve. Today Indians are at the helm of affairs in various sectors globally. This itself speaks volumes of our capabilities. " India at 75 " Wow , our hearts swell with pride.

The Kingdom of Bahrain which is a second home to us has embraced us and we bow our heads with gratitude to the benevolent rulers of this island of pearls.

My thoughts turn to the Indian Community Relief Fund (ICRF) which functions under the patronage of the Embassy of India. With two hundred plus volunteers who spare their time and energy to reach out selflessly to the fellow brethren , the ICRF has carved a niche in this nation.

On a personal note I consider myself privileged and honoured to have been nominated just a fortnight back as the chairman of the ICRF. I follow the footsteps of my predecessors who have laid a solid foundation for us to build on. It is the vibrant team of volunteers who form the heart beat of the ICRF. The immense support from the community enables us to reach out more and more to the needy especially at a time when the pandemic has derailed the world. Words cannot express our sincere gratitude to the Embassy of India led by our dynamic ambassador His Excellency Sri. Piyush Srivastava for keeping us motivated at all times and has been our pillar of support .

I am humbled to be a part of ICRF and look forward to serving you all.

Wish you a Happy Independence Day. Jai Hind!

DR. BABU RAMACHANDRAN

Chairman

Indian Community Relief Fund (Bahrain)



MESSAGE FROM THE GENERAL SECRETARY

It is a great pleasure to serve the Indian Community Relief Fund (ICRF) as its General Secretary. The welfare activities of ICRF are carried out through the generous support extended to the community by the kind-hearted people in Bahrain who have compassion and a passion for the objectives that the organization stands for.

Our contribution to the distress of the community could amount to a drop in the ocean yet we are keen to join hands with all in helping the needy. At this juncture, I request all Indians to come forward and contribute to the great cause through your magnanimous donations and services to ICRF and be a part of the noble cause.

Wishing a very Happy 75th Independence Day to everyone.

PANKAJ NALLUR

General Secretary

Indian Community Relief Fund (Bahrain)



MESSAGE FROM THE ADVISOR

Best wishes to all on the occasion of the 75th Independence Day.

ICRF, as you are all aware, is a non-government, non-profit organization established in 1999 working under the patronage of Embassy of India, Kingdom of Bahrain for the general welfare of the Indian workers in Bahrain at large. From the time of its inception, if we look back, ICRF has made giant strides and spread its wings, encompassing a wide spectrum of operations – all for the succor and benefit of Indian populace working in Bahrain.

The various teams set up by ICRF are always at vigil, keeping their eyes and ears open so that at any time – whether rain or shine – they are at the doorsteps of the needy to extend their help, which is a matter of pride for all of us.

It is a matter of privilege for me to be at the helm of ICRF as Ex-Officio/Advisor. My sincere thanks is due to the entire crew of ICRF, who have been instrumental in making ICRF a reality of course with the abundant support pouring in from Indian Embassy.

BHAGWAN ASARPOTA

Advisor

Indian Community Relief Fund (Bahrain)



MESSAGE FROM THE EX-OFFICIO / ADVISOR

It's indeed been one of my great privileges to work along and lead a fantastic team of selfless volunteers at ICRF. Past few years, in the capacity of General Secretary and later on as the Chairman, I have been able to work along with a grand team and achieve many accolades for our organization. No words can meaningfully express my sincere gratitude to all of you - the ICRF Team Members. In the past few years, as a Team, we could bring forward the organization ICRF to the forefront of community support and activities. We could also create a fresh, vibrant and energetic organizational identity.

We could rebrand ICRF Spectra and transform it to a different level of achievement; in the Year 2018 and 2019, and the event also highlighted "SPECTRA & Tribute to Bahrain – Indian Heritage Festival" featuring the Indian Art forms, Dance, Music and varied Cuisines from 29 states of India. As a Team we could also establish "ICRF Regional Forum" an extension of ICRF by adding the representatives from every state of India and we also established "ICRF Women's Forum" a new initiative to address the needs of Indian Women. We also have been able to establish numerous outreach programs to support the Indian community.

This was all possible because of the unparalleled support from His Excellency Piyush Srivatava the Ambassador of India and the numerous past and present Embassy officials. I also extend my sincere gratitude to all our event sponsors, supporters, Business Houses, Indian Organizations, Media personnel, etc for your continued support to ICRF.

The strength of every organization is its vision and ability of its leaders to view it all together. The changes of leadership will empower more and more individuals to higher level of performance and responsibility. I am sure the future leaders will take this noble organization to higher strides of achievements.

Wishing you all a Happy Independence Day.

Thank You

ARULDAS THOMAS

Outgoing Chairman

Ex-Officio/Advisor - ICRF

ICRF - Handover Ceremony

Held at Embassy of India, Kingdom of Bahrain on 9th August 2021



Work Site Visit by H.E. Ambassador On the occasion of 75th Independence Day

Food distribution at Busaiteen on 14th August 2021



ICRF Core Team



Dr. Babu Ramachandran
Chairman



Pankaj Nallur
General Secretary



Bhagwan Asarpota
Advisor



Aruldas Thomas
Ex-Officio / Advisor



Adv. V K Thomas
Vice-Chairman



Mani Lakshmanamoorthy CA
Treasurer



Nisha Rangarajan
Joint Secretary



Aneesh Sreedharan
Joint Secretary



Rakesh Sharma
Joint Treasurer



Suresh Babu
Excom Member



Murli Nomula
Excom Member



Zulfikar Ali
Excom Member



Pankaj Malik
Excom Member



Javad Pasha
Excom Member



Raman Preet
Excom Member

HIGHLIGHTS

SERVICES TO THE NEEDY DURING COVID-19 CRISIS



3500+
Food kits delivered
across Bahrain

Grocery Delivered

Rice	19,440 KG
Atta	19,440 KG
Sugar	6,346 KG
Milk	2,950 Ltr
Oil	6,346 Ltr
Dal	4,600 KG
Tea Powder	952 KG
Salt	1092 KG
Biscuits	900 Pkts
Chocolate Bars	2,000 Nos
Chilly Powder	712 KG
Corriander Powder	712 KG
Turmeric Powder	712 KG
Bottled Water	4200 Nos
Banana / Fruits	540 KG

Dr. Babu Ramachandran
Chairman

Pankaj Nallur
General Secretary



30,000+
Reusable Facemasks provided



51 Families Supported
Rs. 51 Lakh Family Welfare Support



250+
Flight Support to needy



50+
Medical Assistance and Medicines provided



12,000+
Antibacterial Soaps & Sanitizers distributed



20,000+
General Support Calls answered in 14 months



COVID19 Awareness

36 Webinars, 2 Quiz Events, 1 Musical Tribute
17 Videos with Social Media reach over 250,000 views



Mortuary Support

470 death cases
(Body Repatriation/Cremation/Burial)



Jail Inmates Support

100+ with personal care products and clothes



200+
Volunteers serving in Bahrain

During the past one and half year ICRF and our volunteers have supported hundreds of individuals on legal issues, medical support, hospital visit & support, immigration fines, outpass fines etc. We are very glad to note that ICRF was able to help so many Indians in distress to return back to their family in India. It's worth to mention the names of few ICRF Volunteers, Subair Kannur, Sudheer Thirunilath, Nasser Manjeri, K T Saleem, Clifford Correa, Chembal Jalal, Murali Krishnan, Suresh Babu, Aneesh Sridharan, Javad Pasha, D V Shivkumar, Pavithran Neeleswaram, Nithin Jacob, Sunil Kumar, Hari Prakash, Raman Preet, Spandana, Anupama, Hemalatha, Toji, Murlu Nomula, Nisha Rangarajan, Noushad, Zulfiker Ali and many other ICRF and Regional Forum Volunteers, Clubs and Associations, who extended their valuable time and supported many deserving cases.

ICRF ACTIVITIES

MEDICAL AID (MEDICAL CAMPS & BLOOD DONATION):

- Organizes regular monthly Free Medical Camps for Indian employees who are earning lesser wages and cannot afford regular medical care. The Team will identify medical camp sites from various labour camps where Indian employees are accommodated and conducts Medical Camps after obtaining permission from the employer to organize the camp. Organizes transport and food for all participants and volunteers. The ICRF Medical Team believes in extending loving services to the underprivileged with true hall mark of self satisfaction and charity
- Maintains and updates the list of volunteers attending the camps (Doctors, Nurses and Paramedics) and adds new members to the support team regularly
- Intend to organise at least 3 Blood Donation Camps during a year in tie up with the Ministry of Health/ Salmaniya Medical Center.

LABOUR WELFARE RELATIONSHIP:

- Improving the workers feelings of concern by ensuring the basic amenities like working conditions, hours of work, proper shelter, hygiene, safety, light, ventilation, sanitation etc. Proper assessment of needs of the workers and determination of priorities. Ensure proper and adequate rest/break is given at work which will contribute to the comfort and efficiency of workers.

EMERGENCY HELP:

- Manage 24 Hours Hotline & extend assistance to Indian Nationals in emergency cases
- Coordinate the team members & extend assistance to Indian Nationals in emergency cases
- Work for harmony among Indian Nationals & extend all possible assistance in emergency situations

HOSPITAL VISIT:

- Regular visits to Salmaniya Medical Centre to:
 - Ascertain the health condition of Indian inmates and provide possible medical assistance.
 - Collect the information of inmates in need of legal/welfare assistance & forward to the respective team head.

MORTUARY VISIT & REPATRIATION OF MORTAL REMAINS:

- Visit Salmaniya Mortuary, collect details of mortal remains of Indian Nationals.
- Provide all kinds of assistance to the families of deceased Indian National in repatriating the mortal remains.

CASE HELP:

- Extend all possible assistance to Indian Nationals who are facing police cases referred by Indian Embassy.

- Cases shall be genuine and not like theft, illegal alcohol selling, economical crimes and other types of fraud, prostitution, and any other crimes against National security.
- Propagate general awareness among Indian Nationals on the need to follow local laws & rules and regulations. Complaints & Follow up at Immigration.
- Extend all possible assistance to Indian Nationals in case of any requirements regarding issues relating to immigration.
- Provide assistance to Indian Nationals at Immigration for Legalization/Repatriation.
- Propagate general awareness among Indian Nationals on the need to follow Immigration Laws & Regulations.

DOMESTIC WORKER & MIGRANT PROTECTION:

- Provide assistance in protecting the basic human rights of needy Indian Nationals.
- Provide temporary shelters for destitute Indian housemaids.

FAMILY WELFARE FUND DISBURSEMENT:

- To provide assistance for claiming the compensation from ICRF Family Welfare Fund in cases of accidents at work and traffic.
- Follow up on the claim settlement.
- Assist the legal heir of the deceased Indian National to process the necessary legal papers to receive the compensation money.

SPECTRA PAINTING CARNIVAL:

- Successfully organize Annual Spectra Painting Carnival.
- Prepare an Action Plan/Road Map and form subcommittees.
- Coordinating the sub-committee activities.
- Finalize the rules & regulations of Spectra.
- Supervises the functioning of all other committees
- Plan and execute Spectra Art Carnival in a befitting manner.

ICRF LIFE (Listen, Involve, Foster, Engage):

- Handles calls from people on distress, depression or anxiety and provide advice on mental well-being.
- Organize seminar for adults, whether parents, teachers or friends to interact with children continuously in order to equip them the strength and understanding to face the challenges they might come across.

ICRF YOGA:

- Organises yoga sessions in labour camps
- Create awareness among labourers on healthy diet, sleep and exercise.

ONLINE INTERACTION WITH LABOURERS - 14TH MAY 2021



ICRF has organised a series of Online Interactions with various Labor Camps. The first of the series was held on 14th May 2021 at Chapo Labor Camp located in Ras Zuwayed. His Excellency Piyush Srivastava, the Ambassador of India to Bahrain was the Chief Guest of the event. His Excellency addressed the workers online and advised the workers to

follow all the guidelines and precautions as announced by the government of the Kingdom of Bahrain including joining the free vaccination drive initiated by the government. His Excellency also congratulated ICRF for this wonderful initiative of reaching out to the community members during the Eid celebrations.

Dr Babu Ramachandran briefed the workers on the importance of vaccination which plays a significant role in the fight against Covid-19 in addition to the practice of washing hands, using masks and maintaining social distance.

During the event, following COVID protocol, ICRF distributed lunch to nearly 700 workers. ICRF also distributed COVID-19 awareness flyers.

Mr Ravi Shankar Shukhla, Second Secretary at the Embassy of India, Aruldas Thomas - Chairman ICRF, Dr Babu Ramachandran - Vice Chairman, Pankaj Nallur - General Secretary, Bhagwan Asarpota - ICRF Advisor, ICRF volunteers Sudheer Thirunilath, Murali Krishnan and Javad Pasha joined the program along with Chapo representative Bibi Thomas.

ONLINE INTERACTION WITH LABOURERS - 21ST MAY 2021



The Online Interaction with Workers at various Labour Camps held its second program on 21st May 2021 at the Al Ghana Labour Camp located in Budaiya.

Chief Guest of the event was His Excellency Mr Ahmed Al-Haiki, Assistant Undersecretary for Labour Affairs at the Ministry of Labour & Social Affairs.

His Excellency addressed the workers online and advised them to follow the guidelines and instructions issued by the company and government regarding health and safety. "The number of fatal accidents have been reduced drastically over the last three years. The Ministry's aim is to have zero fatal accidents in Bahrain" he said.

He also mentioned that he is very happy to be associated with ICRF team who are helping the Ministry of Labour in making the life of workers happy and safe.

Dr Babu Ramachandran briefed the workers on the importance of vaccination which plays a significant role in the fight against Covid-19 in addition to the practice of washing hands, using masks and maintaining social distance.

During the event, following COVID protocol, ICRF distributed lunch to nearly 750 workers. ICRF also distributed COVID-19 awareness flyers.

Mr Ravi Shankar Shukhla, Second Secretary at the Embassy of India, Aruldas Thomas - Chairman ICRF, Dr Babu Ramachandran - Vice Chairman, Pankaj Nallur - General Secretary, Bhagwan Asarpota - ICRF Advisor, ICRF volunteers Javad Pasha and Clifford Correa joined the program along with AlGhana Contracting representative Bibi Thomas.

DRY FOOD RATION KITS



On behalf of the Embassy of India, on the occasion of the 72nd Republic Day, ICRF Team distributed Dry Ration Kits, Reusable Face masks, Anti bacterial soaps, tooth paste, awareness flyers etc. to various labour camps on 26 January for nearly 200 workers at a labour camp located in Tubli.

FACE MASK DISTRIBUTION



ICRF Face Mask distribution team distributed antibacterial soaps, reusable face masks, toothpaste, toothbrush and flyers with numbers to reach our specialist team in times of distress, depression or anxiety, to around 100 people in Joofri, Manama.

EMBASSY VACCINATION DRIVE



In line with the vaccination drive by the Ministry of Health, Bahrain, The Embassy of India has arranged vaccination drive for Indians who could not register through BeAware App.

ICRF volunteers provided assistance in reaching out to many Indian nationals and helped them get vaccinated.

SUMMER AWARENESS CAMPAIGN ICRF THIRST-QUENCHERS 2021



The Indian Community Relief Fund (ICRF)
(Under the patronage of H.E. The Ambassador of India to the Kingdom of Bahrain)

INDIA 75

Summer Awareness Campaign

Towards a Healthy and Safe Summer 2021

10th July to 28th August 2021
Every Saturday

FOR MORE DETAILS:
LOG INTO ICRFBAHRAIN FB PAGE

Aruldas Thomas
Chairman

Pankaj Nallur
General Secretary

ICRF is organizing a series of Summer Awareness Campaign – “Towards Healthy and Safe Summer 2021”, in line with the guidelines provided by the Ministry of Labor and Social Development. From 10th July to 28th August 2021, every Saturday, ICRF Volunteers visit work sites and provide water / fruits and distribute anti bacterial soaps, reusable face masks and Health & Covid19 awareness flyers.

A special note of appreciation to Bohra Community Bahrain for providing all food material for distribution as every year.



- 10/7/21 - Worksite in Manama, supporting around 200 workers
- 17/7/21 - Worksite in Tubli for more than 200 workers
- 24/7/21 - Worksite in Dumistan area for more than 125 workers
- 31/7/21 - Worksite in Jannusan area for more than 260 workers
- 7/8/21 - Worksite in Hamad Town area for more than 115 workers
- 14/8/21 - Worksite in Busaiteen area for more than 90 workers.

FELICITATING MR. ALOK GUPTA



ICRF honored one of our Members Mr. Alok Gupta, CEO of Y. K. Almoayyed & Sons for his achievement in being a part of the Forbes' list of top 100 CEOs in the Middle East.

We congratulate him on his great achievement and wish him all the very best ahead.

ICRF FLIGHT SUPPORT

ICRF FLIGHT SUPPORT MISSION

ICRF will support any deserving individuals and families who are in genuine need of flight fare support to go back to any destination in India.

FOR SUPPORT CONTACT ANY ICRF VOLUNTEERS

The approval panel shall offer partial or full financial support to the applicant on Vande Bharat Mission flights.

Approval Committee Members
P S Balasubramanyam Adv. Madhavan Kallath Mani Lakshmanamoorthy

The Indian Community Relief Fund (ICRF)
(Under the patronage of H.E. The Ambassador of India to the Kingdom of Bahrain)
www.icrfbahrain.com

COMMITTED TO WELFARE

For More Details : Call : 35 990 990 / 38 415 171

ICRF extended airfare assistance to the needy people who are flying to any destinations in India through Vande Bharat mission. We supported many individuals to reunite with their family and meet their loved ones.

Three of our senior members, Mr. P S Balasubramanyam, Adv. Madhavan Kallath and Mr. Mani Lakshmanamoorthy lead the ticket approval team. So far the Team has supported and approved more than 250 cases of flight assistance to Indians, either partially or fully.

MENTAL WELL BEING



We have seen a rise in cases of emotional distress and depression in the recent times. ICRF LIFE (Listen, Involve, Foster, Engage) mental well-being posters with numbers to reach our specialist team in times of anxiety is appearing in local print medias as well as in social media. A team led by Dr Babu Ramachandran handles calls from people on distress, depression or anxiety and provide advice on mental well-being.

FAREWELL TO MR. JOHN PHILIP



ICRF organized a farewell meeting for its General Secretary – Mr John Philip, who was relocating to his hometown in India.

John who has been working with the Ministry of Health for the last 37 years as Biomedical Engineer, is a selfless human being and a grassroots community volunteer. He has been an active member of ICRF since its inception and held positions such as Joint Treasurer and Joint Secretary before taking up as its General Secretary in 2019.

In appreciation of his invaluable support to ICRF, a memento was presented to John Philip by H.E. the Ambassador of India to Bahrain Mr Piyush Srivastava.

ICRF FAMILY WELFARE FUND



One of the notable works that ICRF has been doing is to provide relief to support the families of deceased Indian labourers drawing wages below BD100 per month. As per the scheme, the Family Welfare Fund will provide financial assistance of Rs.1,00,000 (Rupees One Lakh) to the dependents of a deceased Indian. This scheme has been a great support and help to many unfortunate families, who lost their bread winner. The scheme from its inception has supported hundreds of families.

So far we have given out more than 5 Crore Indian Rupees to more than 500+ families. Over the last 18 months we have extended support to 51 families (Indian Rupees 51 lakhs).

ICRF SPECTRA - ANNUAL ART CARNIVAL



Spectra 2021 is scheduled to be held on **10th December 2021** on online platform.

Please follow ICRF facebook page for further announcements.

SPECTRA 2021 CORE TEAM MEMBERS

Aneesh Sreedharan, Murali Krishnan, Nithin Jacob, Nisha Rangarajan, Sreedhar Sankaranarayanan and Sunil Kumar.

WEBINARS & AWARENESS CAMPAIGNS

COVID 19 and Legal Awareness

36 Webinars, 17 Videos, 2 Quiz Events and 1 Musical Tribute

Social Media Reach above **250,000** views

The Indian Community Relief Fund (ICRF)
(Under the patronage of H.E. The Ambassador of India to the Kingdom of Bahrain)

Online Interaction

With Workers at Various Labor Camps
Awareness Campaign on COVID-19

Chief Guest
HE Piyush Srivastava
Ambassador of India to the Kingdom of Bahrain

Date
Friday
14th May 2021
12:30PM

Venue
At CHARILAOS APOSTOLIDES
(BAHRAIN) W.L.L (Chapo W.L.L)
Followed by Lunch for laborers

FOR MORE DETAILS: LOG INTO ICRFBAHRAIN FB PAGE

Aruldas Thomas Chairman **Pankaj Nallur** General Secretary

The Indian Community Relief Fund (ICRF)
(Under the patronage of H.E. The Ambassador of India to the Kingdom of Bahrain)

Online Interaction

With Workers at Various Labor Camps
Awareness Campaign on COVID-19

Chief Guest
Ahmed Alhaiki
Assistant Undersecretary for Labor Affairs
Ministry of Labor and Social Development

Date
Friday
21st May 2021
12:30PM

Venue
Al Ghana Contracting Company
Followed by Lunch for laborers

FOR MORE DETAILS: LOG INTO ICRFBAHRAIN FB PAGE

Aruldas Thomas Chairman **Pankaj Nallur** General Secretary

The Indian Community Relief Fund (ICRF)
(Under the patronage of H.E. The Ambassador of India to the Kingdom of Bahrain)

Summer Awareness Campaign

Towards a Healthy and Safe Summer 2021

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Aruldas Thomas Chairman **Pankaj Nallur** General Secretary

The Indian Community Relief Fund (ICRF)
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HEART CARE AND HEALTH TIPS

Time 7:30 PM - 8:30 PM (Bahrain Time)
Saturday 10th July 2021

Dr. Rahul Abbas
Consultant, Internal Medicine
Al Fihal Hospital

Dr. Abdul Azeez Asad
Specialist Interventional Cardiology
Bahrain Specialist Hospital

Dr. Ashwin Venkatesh
Cardiologist and Vascular Surgeon
Apollo Hospital, Chennai

Dr. Babu Ramachandran
Family Practice Physician - AMB
ICRF Vice - Chairman
Moderator

f LIVE ICRF Bahrain Page www.icrfbahrain.com

The Indian Community Relief Fund (ICRF)
(Under the patronage of H.E. The Ambassador of India to the Kingdom of Bahrain)

JOIN THE BATTLE - VACCINATE YOURSELF

Dr. S V S R Krishna
General and Laparoscopic Surgeon
Chairman Infection Prevention & Control Committee
American Mission Hospital

Dr. Hind Ebrahim Al Sindi
Consultant Family Physician
Ministry of Health

Mrs. Prajisha Anand
Teacher, The Indian School Bahrain
Moderator

Time 7:30 PM - 8:30 PM
Saturday 17th April 2021

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The Indian Community Relief Fund (ICRF)
(Under the patronage of H.E. The Ambassador of India to the Kingdom of Bahrain)

THE RHYTHM OF LIFE - BEATING HEARTS

(Life saving tips for you and your loved ones)

Dr. Sonny Jacob
Consultant Cardiologist
American Mission Hospital

Mrs. Raji Unnikrishnan
Journalist, Gulf Daily News
Moderator

Dr. Babu Ramachandran
Family Practice Physician - AMB
ICRF Vice - Chairman


Time 7:30 PM - 8:30 PM Saturday 20th March 2021

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The Indian Community Relief Fund (ICRF)
(Under the patronage of H.E. The Ambassador of India to the Kingdom of Bahrain)

LIFE STYLE DISEASES AND HEART ATTACK


Supported By




Dr. Praveen Kumar
Consultant Cardiologist
Royal Bahrain Hospital, Bahrain



Dr. Neeraj Manikath
Assistant Professor in Medicine
Government Medical College Hospital
Kozhikode Kerala



Dr. Babu Ramachandran
Family Practice Physician - AMM
ICRF Vice - Chairman



Juhi Sharma
Director - Radio 104.2 FM
Moderator

Time 7:30 PM - 8:30 PM
(10.00PM to 11.00PM IST)
Saturday 13th February 2021

www.icrfbahrain.com

The Indian Community Relief Fund (ICRF)
(Under the patronage of H.E. The Ambassador of India to the Kingdom of Bahrain)

f LIVE ICRF Bahrain Page Time 7:30 PM - 8:30 PM Saturday 27th March 2021

SPEAKERS



Adv. Wafa Al Ansari



Adv. Bushra Mayoof



Adv. V K Thomas
Legal Consultant



Adv. Madhavan Kallath
Legal Consultant
Moderator

Discussion on Labor Law, Guidance and Advice

www.icrfbahrain.com

The Indian Community Relief Fund (ICRF)
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BEAT THE HURDLES- EDUCATION CHALLENGES



Dr. Preet Kamal Bhatnagar
Sr. Coordinator
Bahrain Indian School



Feba Percy Paul
Clinical Psychologist
American Mission Hospital



Anand Nair
Vice-Principal
The Indian School BAHRAIN



Dr. Babu Ramachandran
Family Practice Physician - AMM
ICRF Vice - Chairman
Moderator

Time 7:30 PM - 8:30 PM
Saturday 22nd May 2021

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The Indian Community Relief Fund (ICRF)
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f LIVE ICRF Bahrain Page Time 7:30 PM - 8:30 PM Saturday 29th May 2021

SPEAKERS



Adv. Wafa Al Ansari



Adv. Bushra Mayoof



Adv. V K Thomas
Legal Consultant



Adv. Madhavan Kallath
Legal Consultant
Moderator

Alternative Punishment & Protection of Wages

www.icrfbahrain.com

The Indian Community Relief Fund (ICRF)
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f LIVE ICRF Bahrain Page Time 7:30 PM - 8:30 PM Saturday 26th June 2021

SPEAKERS



Adv. Wafa Al Ansari



Adv. Bushra Mayoof



Adv. V K Thomas
Legal Consultant



Adv. Madhavan Kallath
Legal Consultant
Moderator

Execution of Judgements

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The Indian Community Relief Fund (ICRF)
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f LIVE ICRF Bahrain Page Time 7:30 PM - 8:30 PM Saturday 31st July 2021

SPEAKERS



Adv. Wafa Al Ansari



Adv. Bushra Mayoof



Adv. V K Thomas
Legal Consultant



Adv. Madhavan Kallath
Legal Consultant
Moderator

Issues of Inheritance and Bank Accounts

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The Indian Community Relief Fund (ICRF)
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f LIVE ICRF Bahrain Page Time 7:30 PM - 8:30 PM Saturday 27th February 2021

SPEAKERS



Adv. Wafa Al Ansari



Adv. Bushra Mayoof



Adv. V K Thomas
Legal Consultant



Adv. Madhavan Kallath
Legal Consultant
Moderator

Discussion on Labor Law, Guidance and Advice

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ICRF Women's Forum continue to address the problems and emotional issues faced by Indian women living in Bahrain. They will address the issues of all section of women whether they are employees, housewives, students or housemaids who might be in any distressful situations.

The purpose of this group is to provide comfortable communication opportunities from women to women which might be of great comfort for many of our community members.

ICRF Women's Forum Team: Mrs. Nisha Rangarajan (Coordinator); Mrs. Sushma Anil; Mrs. Spandana Kishore; Mrs. Hemlatha Singh; and Mrs. Raman Preet.

ICRF WOMEN'S FORUM

24 Hour Helpline for Ladies

39617094 / 33052258 / 39695736 37395593 / 66685335

all calls will be answered by women

HOW TO APPROACH FOR ICRF ASSISTANCE?

ICRF Financial Application forms are available with the Indian Embassy Labour Wing, ICRF Managing Council members and at the Indian Association/clubs. Please provide complete details, attaching relevant records and submit the application form to Labour Wing of the Embassy. The cases will be carefully scrutinized by the ICRF Welfare committee for any assistance.

For more information, please contact Indian Embassy on **17180529** or ICRF Officials.

HOW TO CONTRIBUTE TO ICRF?

Your contribution in cash or kind are always welcome. We have a large community of suffering labourers and every low paid workers from India. You may kindly contact Embassy of India (**Mr. Ravi Shankar Shukla, Second Secretary, Embassy of India**) or ICRF officials. Suggestions and queries are welcome and may please be forwarded to: Indian Community Relief Fund (ICRF), C/O Embassy of India, P.O. Box 26106, Kingdom of Bahrain.

(This news Bulletin is published by the ICRF Managing Council for private circulation only).

ICRF 24 Hrs Helpline : +973 39895971 | ICRF LIFE Helpline : 38415171, 35990 990
E-mail: icrf.bahrain@gmail.com | www.icrfbahrain.com  **ICRF Bahrain**



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September 2021 to August 2022**

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General Convener

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Murali Krishnan
General Coordinator



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Labour Market Regulatory Authority

MONTHLY CAMP COORDINATORS



Subair Kannur
September 2021



Clifford Correa
October 2021



Ajaya Krishnan
November 2021



Sudheer Thirunilath
December 2021



Sushma Anil
January 2022



K T Saleem
February 2022



Kasi Viswanath
March 2022



Shivkumar DV
April 2022



Sunil Kumar
May 2022



Toji A T
June 2022



Spandana Kishore
July 2022



Chemban Jalal
August 2022

FOR MORE DETAILS:
LOG INTO ICRFBahrain FB PAGE OR
3222 8424 / 3411 7864

Dr. Babu Ramachandran
Chairman

Pankaj Nallur
General Secretary



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